



# BAIS

## Bandung Alliance Intercultural School

### After School Activities 21-22 Quarter 2 (October 21 - December 10)

Badminton		Secondary
4:00- 5:00 PM / Tues & Fri	Sports Court	<b>Rp. 1 juta</b> (for 12 lessons)
Coach Martin	athletics@baisedu.org	
To promote badminton skills development through drills and group competition * 6 slots for girls * 6 slots for boys		

Digital Illustration Club		Secondary
7:45 - 8:30 AM / Tuesday	Art Classroom	Free
Ms. Christensen	athletics@baisedu.org	
Procreate is the hot new iPad app that digital professionals are raving about! With sophisticated but easy to use tools, this app is quickly becoming an industry standard. This tool includes customizable brushes, incredible canvas resolutions, a layer system, and cinema-style effects. If you have an iPad and you want to learn how to improve your skills as an artist with your new toy, come to this club and learn digital illustration techniques with the iPad's most powerful drawing tool. We will learn the tools in the app thoroughly, explore different illustration techniques, and experiment with simple 2D animation.  NOTE: You must bring your own iPad and purchase your own copy of Procreate prior to the workshop. (The Procreate app is a \$10 one-time purchase, which is a steal compared to \$60 a month for the Adobe Suite!		

## Running

Secondary & parents

3:30 PM / Tuesday

Oval

**Rp. 100rb**

Mr. Whitehurst

athletics@baisedu.org

To build endurance for long distance running

## Bicycling

Secondary & Parents

4:00 PM/ Tuesday

Oval

**Rp. 100rb**

Mr. Phillip

athletics@baisedu.org

Got a bicycle? Meet fellow cyclists, have fun, and improve your health!

## Fit and Fun

Elementary\*

\*3:00 - 4:00 PM / Tuesday (Gr.1-2)  
\*3:00 - 4:00 PM / Thursday (Gr. 3-5)

Sports Court

**Rp. 450rb**  
(for 6 lessons)

Mr. Iwan

athletics@baisedu.org

We are excited to provide this opportunity for students to exercise and have FUN! We hope to help young students develop a healthy attitude towards fitness. Participants should come ready with fitness clothes, tennis shoes, and a water bottle.

\*8 spots available for each group

## Pickleball

Gr. 3 - Gr. 5

3:00 - 4:00 PM / Monday

Sports Court

**Rp. 800rb**  
(for 7 lessons)

Mr. Iwan

athletics@baisedu.org

Pickleball is a paddleball sport that combines badminton, table tennis, and tennis. In this club, students will learn how to play pickleball and practice to improve their skill and technique. Equipment for this club will be provided. Participants should come ready with fitness clothes, tennis shoes, and a water bottle.

\*4 slots available

Swimming		Beginner
4:00 - 5:00 PM / Tue & Thursday	Swimming Pool	Rp. 700rb (for 10 lessons)
Coach Henry Marciano	athletics@baisedu.org	
Students will be given specific instructions on how to practice to develop and master their swimming strokes. *6 slots available		

Swimming		Advanced
4:00 - 5:00 PM / Mon & Wed	Swimming Pool	Rp. 700rb (for 10 lessons)
Coach Henry Marciano	athletics@baisedu.org	
Students will be given specific instructions on how to practice to develop and master their swimming strokes. *6 slots available		

Soccer		Secondary
3:30 - 5:00 PM / Monday & Wed	Soccer Field	Rp. 700rb (for 12 lessons)
Coach Andi	athletics@baisedu.org	
Students will learn technical soccer skills *Students are required to wear gloves while playing *8 slots available		

Soccer		Ps.3 - Kinder
3:30 - 5:00 PM / Thursday	Soccer Field	Rp. 200rb (for 7 lessons)
Coach Andi	athletics@baisedu.org	
Fun times for little ones to be outdoors; to play and learn basic soccer skills *Students are required to wear gloves while playing *8 slots available		

## Boys Basketball

Secondary

4:30 - 5:30 PM / Mon & Thurs

Sports Court

Rp. 100rb

Mr. Cantrall

athletics@baisedu.org

Basketball Scrimmage with Mr. Cantrall for IISSAC tryouts.

## Girls Basketball

Secondary

4:30 - 5:30 PM / Mon & Thurs

Sports Court

Rp. 100rb

Ms. Christensen

athletics@baisedu.org

Basketball Scrimmage with Ms. Christensen for IISSAC tryouts.